

Wesley Day Care
Chef's Menu
October, Fall 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	French Toast, Juice 1	Tropical Fruit, Crackers, Water 2	Graham Crackers, Milk 3	Wheat Thins, Juice 4
Lunch	Mini Corndogs, Corn, Pineapple	Chicken Burrito, Broccoli, Apricots	Pork Tenderloin, Salad, Mandarin Oranges	Sloppy Joe, Hash Brown, Banana Salad
Afternoon Snack	Blueberry Muffins, Juice	Cheese, Crackers, Water	Cereal, Juice	Graham Crackers, Banana, Water
Toast & Jam, Water 7	Waffles, Milk 8	Bagels & Cream Cheese, Water 9	Yogurt, Juice 10	Fruit, Crackers, Water 11
Ham w/ Sauce, Mixed Vegetables, Pineapple	Mac & Cheese w/ Sausage, Peas, Pears	Chicken Strips, Corn on the Cob, Bananas	Roast Beef Subs, Lettuce, Sliced Tomato, Grilled Onion, Apricots	Beef Barley Soup, Pumpkin Puree, Bananas
Cheese Sticks, Juice	Vanilla Wafers, Fruit, Water	Animal Crackers, Juice	Cheese Cubes, Pretzel, Water	Pumpkin Bread, Juice
Cereal, Milk 14	Turkey/Cheese Sandwiches, Water 15	Pancakes, Milk 16	Oatmeal, Fruit Mix, Water 17	Apple Slices, Milk 18
Spaghetti w/ Garlic Bread, Green Beans, Peaches	Pork Roast, Mashed Potato, Apple Sauce	Fish Sticks, Potato Salad, Pears	Salisbury Steak, Mixed Vegetables, Bananas	Nacho Dip w/ Tortilla, California Blend, Apples
Fruit Bar, Water	Teddy Grahams, Milk	Fruit Snacks, Crackers, Water	Orange Cran Muffins, Juice	Apple Cinnamon Sauce, Graham Crackers, Water
Waffles, Jam/Fruit, Water 21	Mozzarella Sticks, Juice 22	Grilled Ham & Cheese, Water 23	Scrambled Eggs, Toast, Milk 24	Veggie Tray, Crackers, Water 25
Chicken Stir-Fry, Mixed Vegetables, Peaches	Hamburger, Lettuce, Tomato, Onion, Pickle, Watermelon	Ravioli, Peas & Green Beans, Pineapple	Pulled Pork Sandwich, Cornbread, Tropical Fruit Mix	Chili, Carrots, Cantaloupe
Pudding, Juice	Chex Mix, Cheese Sticks, Water	Vegetable Sticks, Juice	Cheese Cubes, Pretzel Crackers, Water	Orange Cran Muffins, Juice
French Toast, Juice 28	Cereal, Fruit, Water 29	Hash Browns, Sausage Links, Milk 30	Breakfast Casserole Muffins, Water 31	
Monte Cristo Sandwich, Corn, Grapes	Chicken Alfredo, Green Beans, Mandarin Oranges	Tuna Casserole, Mixed Vegetables, Peaches	Pizza, Meat & Veggie Toppings, Pears	
Goldfish, Fruit, Water	Teddy Grahams, Juice	Granola Bar, Fruit, Water	Chips & Salsa, Juice	